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Sandgate

GUIDE

FREE NOVEMBER 2022

**EXCITING
NEWS FOR
FEMALE
FOOTY
PLAYERS**

**ZIGGY'S
BACKYARD
BLITZ**

**GET IN THE XMAS SPIRIT
WITH CAROLS BY THE CREEK**

COVER PHOTO: PAUL NEIL
PHOTOGRAPHY

**TRADES
SERVICES
& DINING
GUIDE**

**SECTIONS
INSIDE**





A photograph of the interior of Bluenose Betty, a bar and kitchen. The background features a well-stocked bar with multiple shelves of liquor bottles. To the left and right of the bar, there are racks of clean glassware. A large, white, conical pendant light hangs from the ceiling. The bar counter is made of dark wood and has a decorative metal piece in the center. In the foreground, the backs of three dark-colored bar stools are visible.

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A Note

FROM THE EDITOR

It's November already and that means we are gearing up for Christmas, the weather is warming up, we are thinking of holidays and school will soon be finished for another year!

A huge congratulations to all the Year 12 students who will soon be finishing their high school career. Some will go to Uni, others to Vocational Education, some will join the work force and some will start an apprenticeship. Whichever way your path leads, may it be filled with happiness, excitement and opportunity.

A special thank you to Aria, Jayah, Abigail, Natasha, Emily and Lily who are the members of GF United. These talented ladies from St John Fisher College played at last month's Sandgate Youth Festival. We've used one of their photos for our cover this month!

This 11 November will again mark Remembrance Day as we remember the men and women who have given their lives in service of their country. A heartfelt thank you to our service men and women past and present.

Lest we forget.



Jodie, Kristy and Louise

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MUSIC BY THE SEA

STORY **DONNA PHILLIPS**

NOV: Are you coming along to Paul Grabowsky's jazz concert on November 5? The jazz master is looking forward to performing for you. The Officer of Australia (AO) recipient's playlist includes

selections from his album *Solo* (ABC Jazz), and a tribute to the late Uncle Archie Roach.

Paul Grabowsky - Piano recital - Jazz master
Saturday, 5 November, 7.30pm
Booking: www.musicbythesea.com.au

DEC: With their feet planted firmly on home soil after some top gigs in France and Ireland, **Sásta Irish Band will celebrate the close of Music By The Sea's 2022 concert series - with a bang.**

You've kicked-up your heels to the rousing trad sounds of Mick Hughes (front man, singer, guitar, bodhran), Rocky Towey (accordion), Dr Fred Graham PhD (Irish fiddle), and Kevin Higgins (flute, whistles, keyboard, Uilleann Pipes) before, so let's embrace them with the warmth of our 4017 family.

Q: What new tricks do you have up your sleeve for the December concert?

MH: Our new album is called *Éirelocked* - named after Éire, the Gaelic for Ireland, and the studio where we recorded the album, Airlock Studios in Brisbane. We had a great time further developing our sound, under the skilled and watchful eye of

Ian Haug, of Powderfinger fame. It was the perfect place for us to experiment with sounds for Sásta. We've also added new instruments to our classic line up, but I won't give too much away to our Sandgate audience - you'll get to see it first-hand on the night!

Q: What sentiment would you like to share with fans of Sásta's happy sound?

MH: It's fantastic to be back on stage and to be able to connect with people through music after hard times for many. Warm thanks to our wonderful Sandgate audience for coming out to see us, for creating a welcoming atmosphere and for supporting live music. It means a lot to us.

Sásta - Irish Band
Saturday, 3 December, 7.30pm
Sandgate Town Hall
Booking: www.musicbythesea.com.au



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Sarsha and Rebecca with Ziggy

A BACKYARD BLITZ FOR ZIGGY

STORY **BROOKE JACOBSON** PHOTO **BRUCE REDMAN**

First time parents Rebecca and Sarsha were overjoyed to welcome their baby boy Ziggy on Christmas Eve last year.

But just a few short months later, the couple were given the devastating news their son had Pearson's Syndrome, an incurable mitochondrial disease.

There are fewer than 100 cases of Pearson's Syndrome worldwide, and it affects the development of the blood-forming cells in bone marrow. Children with the disease face a short life span.

Rebecca said they noticed "little things" about Ziggy were not quite right.

"He was small when he was born, and he never latched properly or breastfed," she said. "And then he would only drink half a bottle of milk. But you know, he seemed to be tracking along ok and the GP wasn't too worried."

However, Rebecca and Sarsha noticed tiny pinprick bruises on Ziggy after being in his baby carrier, a result of his low platelet count. A week in the Queensland Children's Hospital and several tests revealed the results.

"The pathologist actually rang me at midnight, and I thought, that can't be good," Rebecca said.

"They did a bone marrow biopsy, and the doctors were like, 'look, Pearson's Syndrome is the worst outcome, but it's highly unlikely'.

"And then they told us it was Pearson's. I was just floored, it's devastating, and we have been going through like a grief process – I was really in denial for a while."

With Ziggy's severely immunocompromised condition, simply going out can be dangerous.

Friends of the couple stepped in and set up a GoFundMe page, called Ziggy's Backyard Blitz, with the aim of creating a beautiful outdoor space at home for the family.

"With the backyard, this is giving us something physical we can do for him," Rebecca said.

"We're seeing a lot of specialists, but none of them have ever seen a child with this before – they're doing their best but we're aware there's nothing they can really do apart from treat the symptoms as they come up."

Rebecca added the support from the 4017 community had been "almost overwhelming".

"Sarsha and I are not used to being helped, but we've had total strangers taking time away from their jobs and their families to help us, and it's been really amazing," she said.

"We have used some of the GoFundMe money to put a deposit on a playground from Peppertown, which we will be able to change as he gets older. We're doing a raised veggie garden and we'd like some lawn for him to play on.

"We are so lucky to live in Shorncliffe on Sunday Street, near the park and the boardwalk and when we had initially planned to start a family we thought, what better place is there? But with his condition, we can't just go to the park."

Rebecca added they had connected with other families around the world who were also dealing with Pearson's Syndrome.

"That has been so helpful," she said.

"Although it can be a double-edged sword – one family just shared that their child turned seven and started school, which is huge, and then there's other families sharing their child's eulogy."

If you'd like to help, search Facebook for Ziggy's Backyard Blitz and you can follow the family's journey on Instagram at: @ziggysjourney_ps

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STORY **BROOKE JACOBSON**

Flood maps updated

Brisbane City Council has released new flood mapping for the city, which shows the overland water flows responsible for unexpectedly flooding thousands of homes in February this year, including those here on the northside.

Flood levels were surveyed at more than 550 locations and surveyors also recorded debris markings at more than 90 locations.

A new online flood information tool makes it easier for residents to visually understand how flooding may affect a property for building and development and it also includes a new historic flood layer, showing the extent of the February floods with mapping for river and creek flooding.

To access the online tool, go to: fam.brisbane.qld.gov.au

Book in to the street library

Sandgate has a new street library at 95 Hoskins Street! Feel free to bring a book, take a book or swap a book. As well as novels, you'll find kids' books, games, puzzles, and biographies. Some junior fiction would be especially appreciated to either donate or swap. Get reading Sandgate!

Phones for DV victims

State MP for Sandgate, Stirling Hinchliffe, has announced his office is now a drop off location for DV Safe Phone.

DV Safe Phone is a Queensland based charity that provides refurbished mobile phones to victims of domestic violence. These phones are gifted through front-line agencies

servicing this vulnerable community, offering a lifeline to call for help when it is needed most.

If you or someone you know has an old (working) phone which you can donate, please visit the Electorate office at Shop 2 Fifth Avenue, Sandgate between 8:30am - 4:30pm.

Summer netball season

The Ridgettes Netball Club is introducing a summer season NetSetGo program, for players aged 5 to 10 years old.

Within this program, players will learn the basic skills of netball and make some friends while having lots of fun. The program runs from November 7 through to January 30 with a break over Christmas.

NetSetGo will be held on Mondays from 5pm to 6pm at Bill Brown Reserve Courts at Bracken Ridge. Cost is \$130 per player.

For more information, go to: www.ridgettesnetballclub.com.au

Outdoor yoga

Get into nature with Yoga in the Wetlands, a free event being held at the Boondall Wetlands Environment Centre. BYO yoga mat on Tuesday November 8, from 8am to 9am, and enjoy a relaxing fitness class in beautiful surroundings.

For more information, phone Laura on: 0468 433 697.

Would you like to contribute to Bramble Bites?

Is there something you're talking about on social media, at the school gate or at the local café? Email Brooke to be included in the next edition of Bramble Bites: editor@sandgateguide.com.au

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James "Jim" Grebert

STORY **RENEE MCKEOWN**. PHOTO **BRUCE REDMAN**

Enemy fire and an explosion buried a young James "Jim" Grebert and his mates while defending their country during World War II. Their worldly possessions were blown meters in the air, and while he survived to tell this tale, there were many young ANZACs who were not as lucky.

Jim is one of the newest, and oldest members, of Sandgate RSL Sub Branch who is hoping to attend Remembrance Day services on November 11 at the memorial on Burnett Place. At nearly 100 years of age, his memories of mates lost too soon, span all the way back to the 1940s with the 58th/59th battalion in Papua New Guinea and Bougainville where he described the conditions as lousy.

"As we were coming down it looked beautiful in the valley but there was grass six foot high, it was stinking hot and a lot of blokes died there," Grebert said. "I've been shot a few times, there was plenty of lead flying around.

"You could hear it, tumbling over and then a rush and they came in. You'd never know when you'd run into them (the enemy), patrols and that. One

of the last blokes killed in the war was a good friend of mine. When I went to the memorial in Canberra I found it very upsetting, seeing the names of those I actually saw getting killed."

Recently the nonagenarian moved to Deagon to live with his daughter Susan and granddaughter Helen. Often there are up to five generations under one roof as he has had two children, four grandchildren, six great-grandchildren and six great-great-grandchildren.

In his spare time, Jim has found mateship and support with the team at the Sandgate RSL Sub Branch. Sub Branch secretary Andrew Law said there was a resurgence of members recently.

"On ANZAC Day we had a defence person from almost every war or peace keeping mission since WWII," he said. "More than 100 people have joined, and most of them are younger. It is about camaraderie, care and commemoration, so they know there's a place to go after the ADF.

"Remembrance Day will be very similar to last year, it will be a ceremony out the front to start at 10:50am and finish at 11am with the playing of the Last Post, and then everyone can go inside for refreshments."

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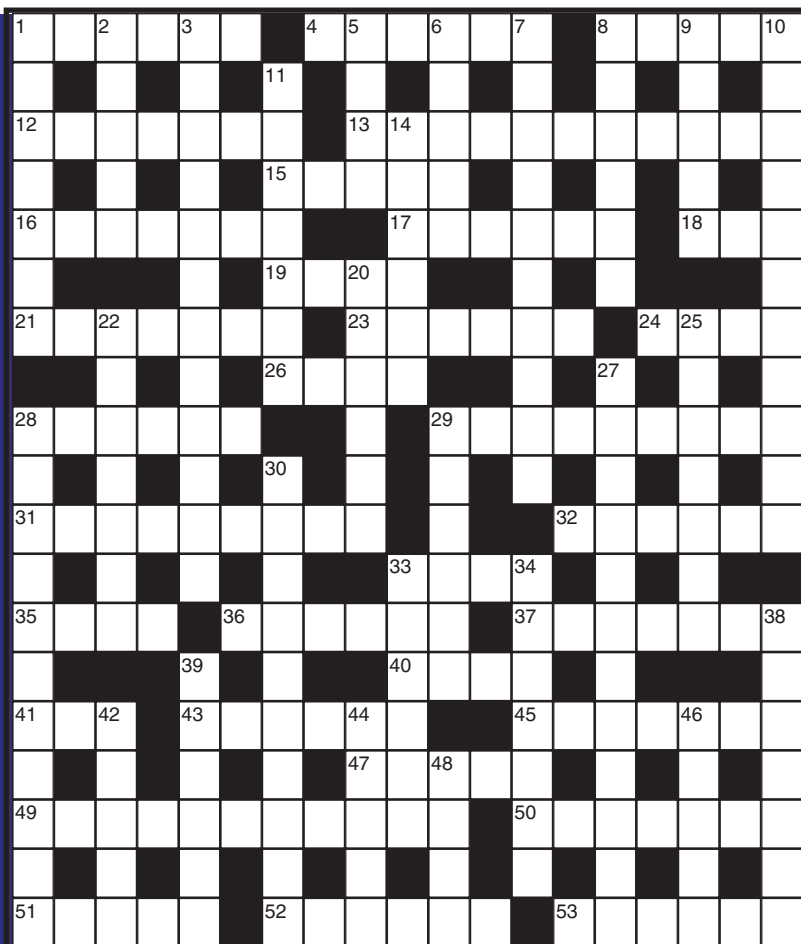
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ACROSS

- 1 Squat
- 4 Back or front yard
- 8 Make wavy
- 12 Floral art from Japan
- 13 Reigning (2,3,6)
- 15 Finger
- 16 Urged
- 17 Neck band on a shirt
- 18 Snow equipment
- 19 Alleviate
- 21 Cattle thief
- 23 Condition on a contract
- 24 Stride
- 26 Murder
- 28 Settlement
- 29 Treasures

- 31 Proclaimed
- 32 Dulled
- 33 Mound
- 35 Decorated (a cake)
- 36 Deadlock (3,3)
- 37 Swindles (4,3)
- 40 Reminder
- 41 Wet, soft earth
- 43 Small fowl
- 45 Tailless feline (4,3)
- 47 Instrument of the violin family
- 49 Degree of hotness
- 50 Destructive wave
- 51 Tomb
- 52 Owned by them
- 53 Disconnect (an appliance)

DOWN

- 1 Cheerful (coll)
- 2 Daisy (2-3)
- 3 Couch (6,6)
- 5 Enthralled
- 6 The same thing
- 7 Unnecessarily
- 8 Group at the same level or age
- 9 Shackles
- 10 Susceptible
- 11 Runs (in stockings)
- 14 Politely
- 20 Frightened
- 22 Hush
- 25 Huntsman's cry (5-2)

- 27 Small sea bird (5,7)
- 28 Magnetic
- 29 Loudness; book
- 30 Bean counter (coll)
- 33 Tool used on a nail
- 34 Advertise
- 38 The trying on of clothes
- 39 Utterly wretched
- 42 Vaguely
- 44 Keen
- 46 Progress slowly
- 48 Ogle

Solution: page 82



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GET READY TO HIT THE OPEN ROAD FOR THE HOLIDAYS

STORY **KELLY WALKER**

Road trip adventures are what memories are made of and packing the right essential travel items will help ensure your journey is both safe and successful. Whether you're a young family embarking on a summer adventure, or empty nesters jumping in the car without a care in the world, keep these must-haves in mind when preparing for your holiday road trip.

Doing a basic pre-travel health check on your vehicle is always recommended before heading out (to check tyre pressure, fluid levels, lights, etc.), but it's also important to bring essential emergency items with you. Booster cables, a flashlight, a basic tool kit, a small shovel, and of course a spare tyre, can really come in handy if you end up in a sticky situation while waiting for help to arrive.

It's also a good idea to have enough food on hand to handle snack attacks between pit stops - but not nearly as important as having enough water. Personal refillable water bottles are a road trip staple, but for longer trips, it's recommended to pack up to 4L of water per person per day in case of emergency - or if travelling to an area

where clean drinking water may not be readily available.

As the Australian sun can be extremely unforgiving, sun safety is just as important on the road as it is at home. Hats, sunnies and sunscreen should always top your travel checklist as well as a windscreen cover for your car if it's going to be parked in the sun for extended periods of time.

Whether you're travelling for 2 hours or 2 weeks, hand sanitizer, cleaning wipes, bandaids and tissues are a must to keep germs at bay and your car clean. Spare plastic bags are also vital as they come in handy for cleaning up rubbish, storing wet clothing after a swim or for other unforeseen road trip mishaps.

Finally, whether you use your mobile phone to navigate the road, capture memories, or to communicate with loved ones at home, keeping your phone's battery charged is essential so be sure to remember your charging cable.

With so many incredible places to see both in Queensland and beyond, it's time to pack and hit the road!



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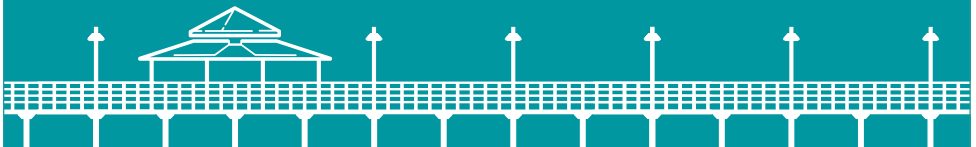
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Virginia Gray, David Adams, *Between Gwavava* in *Love and Loneliness* in a *Technological New Age* / Photo by Danny Cruise

ONE ACT PLAYS SHOWCASE HOMEGROWN TALENT

STORY **ALYSSA MACKAY**

Local talent will be on display when Sandgate Theatre brings five one-act plays to life this month.

Themes of connection, love and murder will be explored when *A Collection of Short Plays* hits the stage at the Sandgate Town Hall.

Vice president of Sandgate Theatre, Danny Cruise said each of the 20-minute long plays were chosen to showcase Australian writers.

"This show is all about Aussie playwrights, local actors and local directors at the beautiful Sandgate Town Hall," Danny said.

"One-acts are great because the audience gets a good variety of entertainment. Audiences can expect a show that is humorous, full of variety and will take you through a gamut of emotions."

The performance begins with *Love and Loneliness* in a *Technological New Age*, written by Warren Paul Glover – a story about a man, the love of his life and interference from the outside world.

There will be two works by Central Queensland playwright Jill Curran, including *Positions Vacant*, which features Wendy Spencer and Elizabeth Womack as Dottie and Eunice, a loveable pair who dream of cruising the Pacific.

Danny said the audience may need tissues for *The Anniversary Waltz*, a play about loneliness.

"The poignant character of the elderly gentleman is brought to life by well-known actor Toby Chittenden and it is a drama we can all relate to," he said.

Does My Bum Look Big In This? by Ian Westerly focuses on the date night of a married couple.

"To round off the evening we have *A Kind of Connection*," Danny said. "This play is by local writer Erica Woolgar and is about finding common ground when you think you are so different."

Danny directs the plays alongside fellow Sandgate Theatre members Virginia Gray and Jane-Louise Turner.

He said the set design would be very minimal, using only what is essential to get across the message of each play.

"We use many of the same furniture and props in each play," he said. "We wanted to keep things simple so that we could focus on acting."

Attendees are encouraged to bring a meal and bottle of wine to make their own theatre restaurant experience.

Tickets are \$15. To book go to www.trybooking.com/CDDQW or call Chris on 0403 886 458.

A Collection of Short Plays

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and communication slightly easier. Early travellers still journeyed on horseback or by dray but the road facilitated the use of more sophisticated (and marginally more comfortable) vehicles such as horse-drawn coaches.

The decline of the horse era became inevitable with the advent of the railway. A rail connection between Brisbane and Sandgate was proposed in 1879. Parliament voted the sum of £52,000 for its construction, a route was chosen and

work commenced in 1881. The contractor, Mr Bashford, completed the project ahead of time and under budget – the final cost was less than £39,000 – and the line was opened by the governor in 1882. While the normal running time between Sandgate and the city was 40 minutes, it is noteworthy that the train carrying the governor on that auspicious day took only 27.

Although horse transport was still necessary to get people to and from railway stations, over longer distances it could not compete with the railway for speed, comfort and convenience. Then, with the spread of the motor car in the early 20th century, horses as a primary mode of transport gradually became obsolete. There was a period of co-existence, of course - in the 1920s, the taxi rank at the Sandgate railway station provided the option of horse drawn buggies or motor taxis – but between them, the railway and the car spelt the end of horse transport.

Sometimes, though, when the motorway looks more like a carpark, you, like Richard III, might think: my kingdom for a horse.

With thanks to the Sandgate Historical Museum. Photograph: John Oxley Library, State Library of Qld, Neg No 36151.

A short ride in a fast machine

STORY **PATTIE TANCRED**

As you inch your bumper-to-bumper way along the M1, you may wonder if our predecessors in the Sandgate region didn't have it easier.

Perhaps not, however: while they were certainly free of the ordeals that beset the modern motorist, they did have their own tribulations to contend with. Our region in the mid-1800s was not traveller friendly. There were no roads as we know them today, only bush tracks carved through thick scrub and heavy timber. Swamps, mangroves and creeks (according to the Moreton Bay Courier in 1854, "a dreary wasteland of bush") had to be negotiated and the only means of transport were horses, bullock drays, or your own two feet.

The first land sales in Sandgate occurred in 1853 and once the territory skirting Bramble Bay began to attract settlement, a route between there and points south became a necessity. Accordingly, a road between Sandgate and Brisbane was constructed in 1860, making travel

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EXCITING NEWS FOR FEMALE FOOTY PLAYERS

Georgia Boon / Grace Eden

STORY **KELLY WALKER**

PHOTO **JOHN PIRES PHOTOGRAPHY**

Looking ahead to 2023, Ben Long, Senior Women's Coach at Sandgate Hawks, said that the club is gearing up for their biggest year of female footy ever!

"Right now is the most exciting time for us as a club," Ben said. "We have just been granted a QFAW DIV 1 license, which sees us having two senior female teams for the first time ever."

With a genuine pathway now for female players from juniors to youth, all the way up to Division 1, Ben is very excited for the future.

"It's great timing as the AFLW is now professional," he said. "This means that young girls can dream big and aim to make it to the highest level one day. We want to ensure that we create a club where girls can play footy, improve their skills and also be part of something with like minded teammates."

The Sandgate club has always taken pride in being supportive of female footy and is thrilled to see female membership growing.

"We will be getting close to having 200 registered females next year," Ben said. "We

know what a positive influence being part of a team is for players of all ages so we're very happy to see more members than we've ever had, with teams from U9's right up to women's."

The club has been very proactive at recruiting female coaches as well and is looking to continue to attract more female leadership to the club.

"We had seven female coaches this year and have also recently appointed women to the roles of Female Senior Football Director and Female Youth Coordinator," said Ben. "It's so positive for the girls to have coaches that they aspire to be like."

To encourage more female players to give the sport a try, the club is once again offering their free, 4-week Female Summer Program for girls aged 8 to 15.

"We've run this highly successful training program for the past 3 years," Ben said. "We create a warm and welcoming environment to encourage girls of all levels and abilities to come and give it a go. We love meeting new players!"

If you're a female player, or have a daughter who is curious about joining an AFL club, contact Sandgate Hawks at www.facebook.com/SandgateHawks or www.sandgatehawks.com.

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VMR CELEBRATES THE FESTIVE SEASON WITH CAROLS BY THE CREEK

Following the huge success of the 2021 event, Volunteer Marine Rescue Brisbane is pleased to share the exciting news that they will be hosting Carols by the Creek on Friday, 25 November.

The Hon Stirling Hinchliffe MP and Cr Jared Cassidy are supporting the community event which will be held at the VMRB base, 85 Allpass Parade, Shorncliffe.

The Lions Club will provide food from 5pm with all proceeds going to providing an all abilities facility at McPherson Park, Bracken Ridge (where the Lions hold their monthly miniature train days).

The Multitude Choir will be singing Christmas Carols during the evening and Santa will make a guest appearance arriving by rescue boat around 8pm.



The bar will be open to provide boutique beers and other drinks so no-one should be thirsty or hungry! (No BYO alcohol is permitted under Licensing laws.) There will be face painting and slushies available too.

Bring your picnic blanket and chairs to help you have a relaxing time on the banks of Cabbage Tree Creek.

Everyone is welcome to come along and enjoy an evening of great food and family fun entertainment.

VMR Carols by the Creek
25 November
85 Allpass Parade, Shorncliffe

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TRAFFIC LIGHTS SWITCHED ON AT NORRIS ROAD

Cr Landers with Principal Burke

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

Brand new traffic lights at the intersection of Norris Road and Pritchard Place at Bracken Ridge are now up and running.

The lights were switched on last month, marking the completion of the second stage of Brisbane City Council's Norris Road intersection upgrade works.

Bracken Ridge Ward Councillor Sandy Landers said the second stage upgrades would improve traffic flow and travel time reliability, as well as safety and connectivity for access to Norris Road State School, Bracken Ridge TAFE and local bus stops.

"The lights are intelligent lights and will only operate on demand, so this will help clear congestion quickly at peak times," Cr Landers said.

"The signalised crossing will ensure a safer crossing for children and residents at all times of the day or night."

Cr Landers was joined by Norris Road State School principal Mel Burke to switch on the lights on 7 October, celebrating the completion of the upgrades.

In addition to the installation of the new traffic lights, other upgrade works included relocating

the bus stop near Greenore Street to a new indented bus stop outside Norris Road State School, constructing new turning pockets, installing an advanced traffic signal warning sign, and upgrading the eastern footpath to a shared path between Bracken Ridge TAFE and Wirupa Street.

"The Norris Road corridor has increased in volume and the traffic will flow better with turning lanes and a bus bay," Cr Landers said. "The new 2.5 metre wide shared path will also make it easier and safer for all active travellers."

The second stage upgrades were funded by the Australian Government as part of the Urban Congestion Fund and delivered by Council under the Better Roads for Brisbane program. The project forms part of a \$5 million commitment to deliver improvements for all road users along the Norris Road corridor.

The first stage of the project involved upgrading Norris Road between Telegraph Road and Bracken Ridge Road and was completed last year. The works included replacing the roundabout at the Norris Road and Barbour Road intersection with traffic lights and controlled pedestrian crossing facilities.

"The community feedback has been particularly positive and residents are finding their commute quicker and safer," Cr Landers said.



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MAD MOB SOCIAL GROUP HOST BAREFOOT BOWLS

Raising funds for Choices Cancer Support Centre.

STORY **JULIA LEWIS** PHOTO **BRUCE REDMAN**

Mad Mob Social Group is hosting an afternoon of family fun at Brighton Bowls Club to raise funds for the Choices Cancer Support Centre at The Wesley Hospital.

To be held on Saturday 12 November, the event kicks off at 1pm and includes a sausage sizzle, lucky door prizes, random lucky spot draws, as well as all the usual fun and laughter from playing a game of barefoot bowls. Punters will also be able to play a game of pool while enjoying raffles as well as an auction.

Founding Member of Mad Mob Social Group, Shirley Hall, said the group chose to raise funds for cancer because nearly everyone has been affected by it at one point in their life.

"Nearly all families have been touched by cancer," Shirley said. "These families need all the help they can get, particularly the patients. This is just one way we can help to raise funds and raise awareness." Shirley said.

Mad Mob Social Group was founded over 40 years ago and throughout the years, have

held events to raise funds for cancer. In 2019, the group decided to hold a Barefoot Bowls event as it was something the whole family could enjoy. Back after COVID lockdowns, Shirley said that 100% of the profits from the fundraiser will go towards the continuing services that the program offers patients and their families.

"100% of the money raised will be donated to Choices Cancer Support Centre, where they will use the money to provide practical support and counselling to patients undergoing cancer treatment," Shirley said.

"The Centre also provides wig fitting services during chemotherapy and provides access to exercise and wellness programs throughout treatment and recovery."

Choices Cancer Support Centre was launched at The Wesley Hospital in 1998 by former Brisbane Broncos captain Kevin Walters in honour of his late wife, Kim.

Shirley said the Centre offers services for every patient, no matter what kind of cancer they have.

"Choices Cancer Centre supports all cancers and all people, no matter where they are receiving cancer treatment," Shirley said. "It doesn't just support breast cancer patients or bowel cancer patients; it supports all cancers."

Mad Mob Social Group Fundraiser

Saturday 12 November 1pm

Brighton Bowls Club

147 Northcote Street Brighton

\$10 admission; \$2.50 - 12 years and under (includes sausage sizzle). People are encouraged to register their attendance by emailing: Looney962@gmail.com



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Helping flooded gardens grow again

STORY **BROOKE JACOBSON**

As we head into another La Nina summer, gardeners of the 4017 might be wondering how to help their precious plants recover and thrive in these difficult conditions.

The Kempster Street Gumbuya Garden group is hosting a talk by award-winning horticulturalist and ecologist, Kate Wall, on flood recovery gardening.

Kate said recovering a garden after flooding was often not as easy as it seemed on the surface.

"Many of our favourite plants do not survive flooding but replanting them comes with challenges," she said.

"Flooding causes severe soil damage which can

make the work of replanting backbreaking and leave new plants struggling.

"This talk will cover how best to respond to the garden in the aftermath of flooding and severe waterlogging.

"Whether the wet weather event was last week or last year – or earlier this year for most of us – there are things we can do to help our gardens thrive again."

One of Kate's top tips was to apply 'garden mate', a rock mineral product enhanced with live microbes.

"This will help bring life back into your soil and open compaction," she said.

"If you do nothing else, mulch your garden. Organic mulch will help bring life back too, but it's much faster if you can do both."

Kate Wall's talk is free to attend.

Flood Recovery Gardening
Saturday, 12 November, 1pm.
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Fresh way to get fit

STORY **BROOKE JACOBSON**

A new aqua class at Sandgate pool is helping locals get fit for summer and find their Zen at the same time.

Aqua Ai Chi is based on traditional tai chi, with deep breathing, and slow, continuous stretching movements.

Instructor Paula Hague said the class was proving "very popular".

"The class helps to combat fatigue, it helps with balance, strength, stiffness and pain to name just a few benefits," she said.

"It's done to beautiful relaxing music, and it's good for the mind, body, and soul."

Paul also teaches Ai Chi Yoga, which is perfect for people who can't manage to do yoga on a mat.

"This class has more deep breathing, and you'll find your sense of calmness and Zen, and get to release all the tightness and tension in your body," she said.



"We finish the class with a chakra routine, which balances out the major energy centres of the body."

Other classes offered at the Sandgate Aquatic Centre include, Aqua Deep, Pool Pilates, Aqua Kickboxing, Aqua Tabata/HIIT, Aqua Circuit Training and Aqua Bootcamp.

"These classes are not your 'nannas with noodles' water aerobics classes," Paula said.

"I turn my aqua classes into true fitness classes. The music is blasting, the positive energy is through the roof, and the power combination of strength and cardio leave your body energised.

"You literally leave the pool riding a wave of endorphins."

For information about aqua classes, go to: www.thebayhc.com



Drew Mudgway, Darren Nelson

STORY **PATRICIA HIGGINS**
PHOTO **BRUCE REDMAN**

There's a new emphasis on health, wellbeing, and in particular the therapeutic advantages of sleep, with the opening of a Wellness and Information Centre in the neighbourhood.

The Sandgate-based facility is backed by Solace Sleep Medical Group, which is a Queensland family company with a specialisation in the field of pain relief and therapeutic sleep systems.

CEO and founder of the organisation Darren Nelson said that the Wellness and Information Centre would serve as a facility for the general public to obtain current information, rather than being just another bed shop or pop-up business.

"Most importantly, it's about providing guidance about what government funding is available in relation to pain relief and therapeutic sleep systems and is a place where people can find out more about the process for accessing either National Disability Insurance Scheme (NDIS) or My Aged Care."

He said that the Federal Government and State health departments realised how important sleep therapy is, and that this was exemplified by the fact that an allocation for funds for assessments and the purchase of equipment was now written into NDIS packages.

However, Mr. Nelson said that because it often took applicants up to a year to receive money through the NDIS or My Aged Care, many people often abandoned the procedure before they could receive any help.

"We encourage people not to give up and can help to reduce their wait times by assessing their needs and helping them to complete documentation. Very importantly, we provide details on equipment availability, pricing and the pitfalls to avoid with guarantees and more," he said.

Mr Nelson said persons who are injured, disabled, or otherwise aged or infirm can often suffer shocking pain which may impede them from sleeping and relaxing.

"Therapeutic treatment is about finding the pain source, matching this source to special lumber areas in the mattress and then setting the adjustable bed to the correct position. This will not cure the patient, but should provide great relief with perceptible lifestyle benefits," he said.

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4017 PET'S ON THE PAGE

INTRODUCING: JAKE

Hi - I'm Jake. Many of you may know me from my adventures in Sandgate. I was rescued from Peninsula Animal Aid 5 years ago and when I came home I was very timid. Now I think I'm the King of Sandgate! Nothing gets me more



Jake

excited than the words "Jakey, do you want to go to the pub?" I run up and down our hallway in eager anticipation of a nice walk and the chance to see my friends. My best friend is Mutley and we love to play games together. Mum and Dad aren't too bad either. People know them as Jake's Mum and Dad, so you can tell who is Number 1 in our household!

ROY - GONE BUT NOT FORGOTTEN

Hi! My name is Roy, best known as Roy-Boy. I was only in Sandgate for a short time but really loved my long walks in my new home along the waterfront from the pool to the Sandgate Pier. My favourite activity was running on the sand



Roy

and getting wet, the doggy treats at Mario's Coffee Cart at the pier car park, meeting all the other dogs and also watching the racehorses who came down for an early morning swim. I was a great leaner and would happily lean on the people that I like. I loved to play with other dogs and run in circles on the beach. Sadly, my owners lost me earlier in the year while I was staying at the kennel. I just wanted to say how much I enjoyed my short time here in Sandgate and for my many friends that may have wondered what happened to me.

To contribute email editor@sandgateguide.com.au

PODCAST OF THE MONTH

Simply The Jest Podcast review

PODCAST REVIEW **NICK ALLFORD**

Schadenfreude. If you're not familiar with this German phrase it refers to the "Pleasure derived from another person's misfortune." It's also the best way to describe the 'Simply the Jest' Podcast.

Each 30-minute episode is extracted from the Triple J afternoon radio show segment featuring comedic hosts Jess Perkins, Michael Hing and Lewis Hobba.

Each week they run a phone-in competition to find Australia's most compelling story. Putting out a call to their listeners, asking for their best stories focused around a theme or word. You'd be amazed at the variety of interpretations they receive from a word such as 'door', resulting in stories about leaving a door open and cows trampling through the house all the way to being wedged on a door frame. Leaving you wondering what intriguing and often uniquely Australian stories they have in store.

Then it's left to the hosts to share their own stories and ask the follow up questions you're dying to know. The story tellers are part of the appeal, every day Australians share their funniest, cringiest and most self-deprecating yarns with the world. So, if you ever think you're having a bad day, why not tune and see just how bad it could be.

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Prepping Your Pooch for the Pub(lick!)

STORY **KELLY WALKER**

Wishing your pooch could join you for a pint at your local pub but their people skills aren't quite up to snuff? Well, you're in luck. EclecTea and Tail Blazers Dog Training have teamed up to offer complimentary one-hour sessions to help promote more public friendly pup behaviours.

Kara Rigg, owner of EclecTea, said that while most of their canine visitors are very well behaved, there is the odd time when a pup is a little out of sorts.

"Occasionally one of the doggos will get a little vocal, nervous or reactive with other dogs," she said. "We've created a list of common issues and we'll be focussing on a different topic each month."

Tail Blazers trainers are kind, compassionate, and qualified, and specialise in puppy development, behavioural modification and reactivity. They utilise rewards-based training techniques to



motivate and build trust, and help owners be more equipped to better communicate with their dogs.

Kara is looking forward to hosting this event and getting to know more of

the neighbourhood pups.

"Everyone is welcome and there's no need to make a booking ahead of time," she said.

"We're so excited to offer these unique sessions - especially the December one where we're hoping to do something a little extra festive to celebrate the holiday season."

See event details below or contact info@eclectea.com.au for more information.

Prepping Your Pooch for the Pub(lick!)

Thursday, 17 November 6-7pm

Thursday, 15 December 6-7pm

EclecTea Tapas Bar & Restaurant

2 Queens Parade Brighton

School Hosts B-Themed Brain Buster at Brighton Bowls

STORY **ALYSSA MACKAY**

Be a banana, bee, ballerina, or something brilliant and bizarre beginning with 'B' at Bracken Ridge State School's trivia night.

The fancy dress event will take place at Brighton Bowls Club this month, with money raised going towards a playground upgrade.

Bracken Ridge State School P&C committee member, Pam, said the theme was inspired by the deputy principal, Ben.

"Trivia can sometimes be a little boring," Pam said. "So we wanted to lighten the mood by dressing up, as it always provides a lot of laughs."

Pam will host the event alongside Jesse from Pick the Hit Entertainment, with categories like

general knowledge, music, sport, entertainment, geography, pop culture and a picture round.

"We wanted to do something fun, so why not a trivia night where the teams battle it out for a range of fantastic prizes from our wonderful sponsors, to help raise funds for our school," Pam said.

There will be prizes for the winners and best-dressed, as well as raffles and auctions.

Pam said the Brighton Bowls Club was a great function space.

"We wanted to support a local business and they have been really accommodating with all of our requests, which has taken a lot of stress out of organising the event," she said.

Tickets are \$100 for a table of eight. To book go to <https://foodandwine.events/event/16790337-a/bracken-ridge-state-school-trivia-night> or contact the school on 3869 7888.

Bracken Ridge State School Trivia Night

Saturday, 19 November, 7-9:30pm

Brighton Bowls Club

147 Northcote Street, Brighton.



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& PINOT

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SAVE \$5.98
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SAVE \$8.00
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NOIR CHARDONNAY

\$29.99
EACH
SAVE \$5.00
NORMALLY
\$34.99



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SPARKLING

\$19.99
EACH
SAVE \$7.00
NORMALLY
\$26.99



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SPARKLING

2 FOR \$30
SAVE \$7.98
NORMALLY
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PETITE BUBBLES

**SPRITZ
SPECIAL**
\$26
700ML
WITH ANY BOTTLE
OF PROSECCO
PURCHASED



18 CABAT PROSECCO



GRANT BURGE PROSECCO

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\$5.00

NEW



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700ML

SAVE
\$10.00



\$21.99
LITRE

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WILD TURKEY SIGNATURE DRY GINGER ALE & HONEY OF LIME

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**CAPITAL
BREWING CO.**

COAST ALE

WILD TURKEY SIGNATURE DRY GINGER ALE & HONEY OF LIME

\$68.99
CTN

\$20.99
6 PACK

**BURLEIGH
BIGHEAD**

**BURLEIGH
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WILD TURKEY SIGNATURE DRY GINGER ALE & HONEY OF LIME

\$61.99
CTN

\$18.99
6 PACK

**BURLEIGH
MID-TIDE**

WILD TURKEY SIGNATURE DRY GINGER ALE & HONEY OF LIME

\$46.99
10 PACK

**WILD
TURKEY**

WILD TURKEY SIGNATURE DRY GINGER ALE & HONEY OF LIME

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10 PACK

**WILD
TURKEY**

WILD TURKEY SIGNATURE DRY GINGER ALE & HONEY OF LIME

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Lagoon St, Sandgate
PH (07) 32698160

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118 Eagle Terrace, Shorncliffe
PH (07) 3269 0083

BOTTELMART SANDGATE
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Sandgate
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NEWLY RENOVATED!



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Our aim is to build up your soil organic matter levels and improve your soil's water and nutrient holding ability for longer, remove the weeds and lawn grubs from your lawn and make it easier to simply enjoy your lawn quality and appearance.

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- **Paspalum**
- **Carpet Grass**
- **And Many Others**

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- **Sod Web Worm**
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Only



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and advice:**





A SURPRISE CHANDELIER SIGNALS A MILESTONE FOR SANDGATE'S LIVING TREASURE

STORY AND PHOTO **VICKI YEN**

The bright white shade umbrellas are installed. The painters' scaffolding is down and the new exterior paintwork is revealed. We've all been watching the signs of the revitalisation project of Sandgate's well-loved, heritage-listed building, and the creation of Kindy Cottage.

Sitting at the corner of Flinders Parade and Cliff Street since 1887, more of this former church is being revealed as this 12-month, heritage-sensitive refresh project completes.

And the milestone? The totally new library for the children-complete with a stunning chandelier.

"This library is a brilliant space to nurture a life-long love of learning," said Megan Jackat, Centre Co-Manager.

"And it was one of many Monday surprises we had, as the team of tradies worked only on weekends so the children were not disturbed," she said.

"But this discovery was the biggest - an old storeroom transformed into a magical space-complete with cosy carpet, beanbags and that chandelier that sparkles with morning sunlight," said Julie Hadley-Thomas, Centre Co-Manager.

Sandgate Historical Society President Pam Verney toured this former church to get to know more about Kindy Cottage.

"This was the home of the Baptist community, devoted to their faith and active in their community," said Pam.

"The heritage listing confirms what many experience on a personal level-that the importance of the building lies not only in terms of architecture and history, but also as a visual symbol and a much-loved, living community link," said Pam. "Today it is cared for by another generation."

This is a community hub to be enjoyed for the long term by not only the children and families of Kindy Cottage, but everyone who passes by.

FULL MOON HOTEL X BALTER

*What's better than fresh beer? Lots of fresh beer.
That's not a joke, that's science.*

But how do I hold all this lots
of fresh beer I hear you say?

Lots of cans? Don't be silly.

You hold it in a tank.

But how do I hold this tank?!

Don't be sillier, the pub holds it.

With bolts. And pride.



Yes, unlike most cutting-edge technology that is useless, as it doesn't aid the delivery of fresh beer, TANK BEER ensures that fresh cold beer is delivered fresh and cold to the tank, so it reaches your tastebuds, fresh and cold. From brewery to your face, ***straight from Currumbin to Sandgate***, fresh and cold, multiplied by lots.

That's the TANK BEER equation for success. So, say hello to fresh beer, lots of it, in a tank.

Now pouring at the Full Moon Hotel.



*Congratulations to
our VIP winners!*

This local family had a the ultimate Balter experience plus a **\$250 voucher** on us!

**SCAN THE QR CODE TO
KEEP UP TO DATE WITH
ALL THINGS BALTER!**



SocialSnaps

by **PAUL NEIL**



If you have an event that you think is worth a photo, call me on 0449 660 473



Kathryn, Paul and Tahu are loving the entertainment fun and vibe of this year's wonderful Zillmere Festival, a celebration of Brisbane's diverse cultural communities.



Congratulations SANDBAG! Frank, Stirling and Mike are up for a night of fun at a special Friday night Unplugged Café celebrating SANDBAG's 30 years of service to our community.



Eliza, Jordana and Mikaela attended the launch of Jordana's new dress hire boutique 'Dress my Occasion' on Adams St, Deagon.



Singer songwriters, Mackenzie and Niv, performed live on stage at this year's fab Sandgate Youth Festival at Einbunpin Lagoon Park, Sandgate.



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James, William Alley



Rob Vernon, James, William Alley

NEW RIDE FOR WILLIAM THANKS TO COMMUNITY GENEROSITY

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

The 4017 community has helped a Bracken Ridge family raise more than \$30,000 for a new wheelchair accessible vehicle for their son, William.

James and Angela Alley started a Go Fund Me page for their 11-year-old son, who has Duchenne muscular dystrophy (DMD), a genetic disorder characterised by progressive muscle weakness.

James said William had been finding it difficult to climb into their current vehicle and that it could not accommodate his new power chair.

"For William, having a wheelchair accessible van is essential to get to school, social and community events, regular hospital appointments and out and about doing the things he loves," James said. "At the moment, walking has become very difficult and climbing in and out of a regular vehicle is sometimes impossible on bad days."

The family plans to purchase a used vehicle that has already been modified, which could cost up to \$40,000.

James said the family had been humbled by the generosity of the community, including an anonymous donation of \$11,000.

"One lovely surprise was having an 11-year-old friend of William's offer to donate \$20 of his own money," he said.

"A lot of donations came through my good friends and training partners at Ako Martial Arts in Sandgate. Many more came from local families in William's school. Some of the local church communities have also been very supportive."

James' friend, Rob Vernon from Ideal Solar gave the Alley family new solar panels after seeing a Facebook post.

"I have kids and am fully aware of the cost of living, plus in 4017 it's all about community and helping each other," Rob said.

He said the solar panels would save the family around \$3000 a year, leaving plenty of money for the new vehicle.

"The gift from Ideal Solar means a huge reduction in bills and therefore a huge reduction in stress," James said. "We couldn't be happier to receive such a generous donation."

James said William was excited about the new vehicle.

"He is an absolute car nut, so we would prefer a kombi van, but anything car-related gets him excited," he said. "He wants to customise it, lowering it and getting me to spray paint some flames up the side. But I don't think his mum likes that idea."

To help William go to www.gofundme.com/f/help-william-get-around



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GARDENING WITH SALLY

Organic Gardening in November

WITH **SALLY EBERHARDT**

With the temperature and humidity rising, now is the time to take care of garden and outdoors maintenance before summer sends us scampering for cool and shade.

Over Christmas many of us want to simply enjoy our gardens and relax, giving even more incentive to have a good tidy up now.



Storm season is approaching so secure any garden structures that could blow about, and remove threatening tree branches. Fix sagging gutters or tarps or anything that could form water pools for mosquitoes to breed in. Being attacked by hordes of mossies can ruin a good BBQ.

Ensure your gardens are well-drained and mulched. Keep your plants strong and healthy so they have resistance to the mould, rust, mildew, and insects that increase in the heat.

Some plants like it hot! Plant hardy, heat-loving plants now to make life easier in summer. Two species from the Hibiscus family to consider are okra, a delicious green vegetable, and rosella, a spectacular red Australian native with an edible calyx for making jam and cordial.

What to plant now – Capsicum, eggplant, chillies, sweetcorn, snake beans and heat-tolerant varieties of tomato and lettuce. Sow melon, cucumber and pumpkin into mulched areas for easy-care vegetable production.

Image by Robert Lens from Pixabay

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Facebook



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0407 159 903

www.felinefeeders.com.au

The New Groove Jazz Ensemble

Come and listen to some:-

Big band, Swing, Latin, Blues, Funk, and Rock.

Date: Sunday 13 Nov 2022

Time: 2pm-4pm.

Doors open from 1.30pm.

Venue: Sandgate Town Hall,
Cliff & Seymour St, Sandgate 4017

Tickets: \$15 Adults, \$12 Concessions,
Under 16 Free.

Buy tickets online

www.newgroove.com.au



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Christmas **GIFT IDEAS**



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VINTAGE CAR BAYSIDE TOUR

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Vintage car bayside tour - the tour takes about 2 hours from Sandgate to Scarborough and back for up to 4 passengers, 3 in comfort.

Two vintage automobiles to choose from, with FREE DSLR photography.

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VIROGA HEALTH SPA

Christmas Gift Vouchers

Let Paulina pamper your loved ones to perfection this Christmas in her sanctuary by the sea at 3 Sunday Street, Shorncliffe. Your gift to them will rejuvenate their mind, body and spirit.

May you have a Peaceful Loving Heartful Christmas.



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DECEMBER 2022 –**

Christmas **GIFT IDEAS**

CALL Kristy or Louise
on 07-3518 0828
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Spaces from only \$95 + GST



Local DINING GUIDE



Lower Moora Park,
Moora Park, Shorncliffe
Artisan Coffee & Gelato Bar
0450 771 884

COCOA BISCOTTI

Feature: Cocoa Biscotti is a vintage artisan coffee and gelato bar located at the historic Shorncliffe Pier. We serve exclusive di Manfredi coffee and Maleny gelato alongside a selection of pastries, biscotti and sandwiches.

Follow us on fb Cocoa Biscotti Coffee & Gelato
insta_cocoa_biscotti_for more info.



6 Knox Street, Sandgate
Coffee Shop

CYPHER COFFEE

Feature: Need a coffee hit? Craving something sweet? Maybe something savoury? Cypher Coffee has you covered! Proudly serving 'Bear Bones' specialty coffee. Come and check out our delicious range of Byron Bay cookies, Turkish toasties, and more!

Conveniently located next to Sandgate train station.
Open 7 days from 5.30am.



2 Queens Parade, Brighton
Wine Bar
0416 689 465

ECLECTEA

Feature: Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri - 3-9pm,
Sat/Sun 1-9pm



196 Flinders Pde, Sandgate
(opposite pool)
Seafood, Burgers & Beers
3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.





8 Queens Parade, Brighton
Coffee Shop
0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



1 Loudon Street, Sandgate
(across from the town hall)
Breakfast, Lunch and Coffee
3269 1629

MYRTLE & BLOSSOM

Feature: Discover Sandgate's inspired new approach to casual eating. We're here to share the joy of real food and fresh local creations. Think deliciousness, delight and sustainability.

Open: Tuesday to Sunday
7.30am - 2.30pm



154 Barrett St, Bracken Ridge
Bracken Ridge Tavern
Steak & Rib House
3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Open 7 days from 11:30am until late.
www.thebrt.com



6 Park Parade, Shorncliffe
**Modern Australian
& Mediterranean**
0447 265 852

PREECE'S ON THE PARK

Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.



Local DINING GUIDE



Sinbad St, Shorncliffe

Bar Restaurant Functions

3269 4588

QUEENSLAND CRUISING YACHT CLUB

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.qcyc.com.au
All public very welcome!



7 Fourth Avenue, Sandgate

Homestyle Café

3269 0318

SALAD DAYS

Feature: Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday 9am-2pm, Tuesday to Friday 8am-2pm. Sat & Sun closed at present.



50 Keogh Street, Sandgate

Casual Dining

3609 2001

THE SANDS SOCIAL RESTAURANT & CAFE

Feature: Looking for lunch or dinner with family and friends? Visit the newest restaurant in Sandgate, located at The Sands Social. Enjoy classic club style food as well as freshly made pastas and pizzas. Café is open all day from 10am. Members discounts available. Bookings are recommended.



227 Rainbow St,
Shorncliffe

Specialty Coffee House

0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.





227 Rainbow St, Sandgate

Café

0413 940 277

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



NOVEMBER What's On.

FULL MOON - 8 NOVEMBER

Rise Time - 6:01pm



01 TUESDAY

MELBOURNE CUP GARDEN PARTY 2022

The Sands Social 11am - 3pm
Our inaugural Melbourne Cup Garden Party will be a fabulous fusion of fashion, where garden meets glamour. Come dressed to impress, and be ready to dine, drink & play the day away by the bay! Our Songbirds Restaurant will be taken over to host this exclusive ticketed event.

DANIEL STONEMAN

Full Moon Hotel 12pm

03 THURSDAY

MORNING MELODIES WITH CHRIS BENT

The Sands Social 11:30am

BOOKS ANON. BOOK CLUB

EclecTea 6:30pm - 10pm

First Thursday of every month: Details on Facebook <https://www.facebook.com/events/165425998743196/>

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

MARCO

Geebung RSL 7:30pm

04 FRIDAY



HARVEST DUO

EclecTea 5pm

'A NEW VISION' ART EXHIBITION

Artrageous, Unit 84/88 Loftus St,
Deagon 6:30pm - 8:30pm

FRIDAY LIVE MUSIC

Cardigan Bar 6:30pm

ROB STEVENSON

Geebung RSL 7pm

TRACE DUO

Full Moon Hotel 8pm

DANIEL SPROULE

Phoenix Bar & Lounge 8pm

ME & JODIE LEE

The Sands Social 8pm

05 SATURDAY

SATURDAY ARVO SESH W MAK & FRIENDS

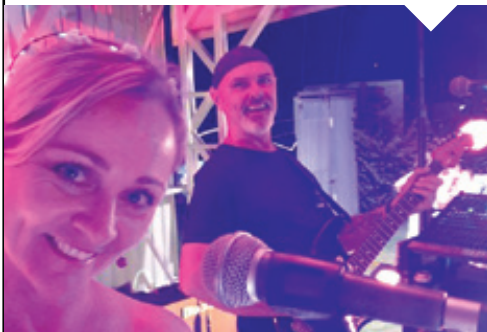
EclecTea 5pm

CRAIG SHAW

Geebung RSL 7pm

SATURDAY NIGHT LIVE MUSIC

Cardigan Bar 7:30pm



PAUL GRABOWSKY - PIANO RECITAL

Sandgate Town Hall 7:30pm

TREVOR SCOBIE

Phoenix Bar & Lounge 8pm



TRACY VAUGHAN DUO

The Sands Social 8pm

BEAVER DUO

Full Moon Hotel 8pm

06 SUNDAY



MAKERS & SHAKERS- STITCHER'S SOCIAL

EclecTea 1pm - 3pm

Makers & Shakers is an afternoon of craft



with like-minded people of all ages and abilities. BYO equipment: needles, hooks, hoops, wool and yarn. Huge selection of craft beer, spirits, wine, cocktails and nibbles available. Live music all afternoon!

BRETT WHITMORE

The Sands Social 1:30pm

MIDNIGHT GROOVE

Full Moon Hotel 2pm

TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

SUNDAY LIVE MUSIC

Cardigan Bar 4pm

MICHAEL GANT



Geebung RSL 5pm

10 THURSDAY

MORNING MELODIES WITH DAVE CLAYTON

The Sands Social 11:30am

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

RAFF DE

Geebung RSL 7:30pm

11 FRIDAY



OASIS MAK

EclecTea 4pm

FRIDAY LIVE MUSIC

Cardigan Bar 6:30pm

RUSSELL SPROUT

Geebung RSL 7pm

CHAMPAGNE JAM

The Sands Social 8pm

JACK SWEENEY

Phoenix Bar & Lounge 8pm

THE JOYNER DUO

Full Moon Hotel 8pm

12 SATURDAY



LUKE SPEERIN SOLO

Full Moon Hotel 1pm

CELTIC SESSIONS WITH BLARNEY STONE

Cardigan Bar 3pm

THE GUITAR BROTHERS

Phoenix Bar & Lounge 3:30pm

BEN FRANCIS

EclecTea 5pm

DAVE CLAYTON

Geebung RSL 7pm

SATURDAY NIGHT LIVE MUSIC

Cardigan Bar 7:30pm

KLUSTERFUNK

The Sands Social 8pm

BAM DUO

Full Moon Hotel 8pm

13 SUNDAY

HEALTH & PSYCHIC EXPO

Redcliffe Dolphins, Cnr Ashmole & Klinger Rd Redcliffe 10am - 4pm
Health & Psychic Expo Run by "It's all in the Cards". Dolphins Cnr Ashmole & Klinger Rd Redcliffe 10am-4pm \$5 entry "It's all in the Cards" – Please like my page on Facebook

CHRIS FRANC

The Sands Social 1:30pm

TRACE DUO

Full Moon Hotel 2pm

AMY KATE
na 2:30pm

TUNES ON THE TURF - OPEN MIC
EclecTea 3pm

SUNDAY LIVE MUSIC



Cardigan Bar 4pm

DAVE MITCHELL
Geebung RSL 5pm

17 THURSDAY

MORNING MELODIES WITH MARCO
The Sands Social 11:30am

PREPPING YOUR POOCH
EclecTea Tapas Bar & Restaurant 6pm

OPEN MIC AT THE CARDIGAN BAR
Cardigan Bar 7pm

SEPTEMBER STEWART
Geebung RSL 7:30pm

18 FRIDAY



OASIS MAK
EclecTea 4pm

FRIDAY LIVE MUSIC
Cardigan Bar 6:30pm

PAUL DESMOND
Geebung RSL 7pm

LR MARSH
Bracken Ridge Tavern: Phoenix
Bar & Lounge 8pm

TRACE DUO
Full Moon Hotel 8pm

THE BLACKWATER DUO
The Sands Social 8pm

19 SATURDAY

ROBBIE MCGOWAN
EclecTea 5pm

GLENN SHIELDS
Geebung RSL 7pm

SATURDAY NIGHT LIVE MUSIC
Cardigan Bar 7:30pm

TREVOR SCOBIE
Phoenix Bar & Lounge 8pm

DANIEL STONEMAN DUO
Full Moon Hotel 8pm

JUNCTION ROAD
The Sands Social 8pm

20 SUNDAY

HAYDEN JOHN
The Sands Social 1:30pm
THE JOYNER DUO
Full Moon Hotel 2pm

CHEYNE STARKIE
na 3pm

TUNES ON THE TURF - OPEN MIC
EclecTea 3pm

SUNDAY LIVE MUSIC

Cardigan Bar 4pm

TREVOR WHITE

Geebung RSL 5pm

24 THURSDAY

MORNING MELODIES WITH DAVE GRAY

The Sands Social 11:30am

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

JARED ALEXANDER

Geebung RSL 7:30pm

25 FRIDAY



OASIS MAK

EclecTea 4pm

'DIVERSE' ART EXHIBITION

Artrageous, Unit 84/88 Loftus St,
Deagon 6:30pm - 8:30pm

FRIDAY LIVE MUSIC

Cardigan Bar 6:30pm

BRETT PATMAN

Geebung RSL 7pm

VINYL CLUB

Cardigan Bar 7pm

MAT MCCOUAT

Bracken Ridge Tavern: Phoenix
Bar & Lounge 8pm

BAM DUO

Full Moon Hotel 8pm

ABSOLUTE SUAVE

The Sands Social 8pm

26 SATURDAY

BLUEGRASS JAM

Cardigan Bar 3pm

TONY DEE

EclecTea 5pm

GORAN SEDLAR

Geebung RSL 7pm

STATE OF APPALACHIA

Cardigan Bar 7:30pm

SATURDAY NIGHT LIVE MUSIC

Cardigan Bar 7:30pm

STEVENSON ST DUO

The Sands Social 8pm

ANTHEMS! BAND

Bracken Ridge Tavern 8pm

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THE DEITIES

Full Moon Hotel 8pm

27 SUNDAY

BRETT GOODWIN

The Sands Social 1:30pm

DANIEL STONEMAN DUO

Full Moon Hotel 2pm

TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

SUNDAY LIVE MUSIC

Cardigan Bar 4pm

ROB ROSENLUND

Geebung RSL 5pm

A WORD FROM OUR REPRESENTATIVES

CR JARED CASSIDY

Christmas is just around the corner which means Carols! I know lots of schools and community groups will be gearing up for the Christmas season and my office is no different. I'm working with the VMR at Shorncliffe who are hosting Carols by the Creek once again this year and we will be welcoming local schools at the Einbunpin Lagoon park in early December once again this year for Carols by the Bay. There will be lots of other community Christmas events, so **keep an eye on my Facebook Page for details.**



I have been pushing for more resources for our community ahead of this storm season including more sandbags, early warnings and evacuation centres. I have also been pushing for more drainage funding for basic upgrades to provide more flood immunity. I have been surveying residents ahead of my budget submission to the Lord Mayor next year to ensure your voices are heard. Please contact my office if you didn't receive your survey in the mail and we can send you a link.

CR SANDY LANDERS

I want to take this opportunity to wish the year 12 students who are entering their final exams, all the very best. I hope you will be able to enjoy a well-earned break before embarking upon your next adventure.



This year's Lord Mayor's Christmas Carols will once again be produced by The Little Red Company and will be a wonderful way to celebrate Christmas with your family and friends. The event will take place on Saturday 10 December 2022 at Riverstage with tickets going on sale in November via Ticketmaster. Go to www.brisbane.qld.gov.au

STIRLING HINCHLIFFE MP

I'm proud to advise that my office is now a new drop-off location for DV Safe Phone. DV Safe Phone is a Queensland based charity that provides refurbished mobile phones to victims of domestic violence. These phones are gifted through front-line agencies servicing this vulnerable community, offering a lifeline to call for help when it is needed most.



Additionally, my office remains a drop-off location for Share the Dignity's "It's in the Bag" donation drive. This campaign aims to collect bags filled with essential items to give a little bit of love and hope to those spending Christmas in a domestic violence refuge.

If you or someone you know has an old (working) phone or essential items which you can donate, please visit my Electorate office at, Shop 2, Fifth Avenue, Sandgate between 8:30am - 4:30pm.

On another note, I hope members of the community will join me on Remembrance Day on 11 November to remember those who made the ultimate sacrifice in service of our country.

brisbane.qld.gov.au for more information and to book your tickets.

As part of the new Brisbane New Bus Network, community consultation sessions will take place between 10 October until 14 December, for residents to have their say on the proposed changes.

Your feedback will help Council ensure the bus network can operate more efficiently and reliably. For more information, please go to brisbane.qld.gov.au and search for 'Brisbane's

New Bus Network' and use the interactive map.

ANIKA WELLS MP

The Australian Government is inviting organisations to apply for a share in funding from the Family and Communities Program's Strong and Resilient Communities grant program. Federal Member for Lilley, Anika Wells, said the grants aim to support equity and opportunity for Australian communities through local community-driven solutions that build self-reliance and empowerment.



"The Strong and Resilient Communities (SARC), Inclusive Communities grant program is open for new applications until November 3, 2022," Ms Wells said.

"I would strongly urge eligible organisations in my electorate of Lilley to apply for funding, which can support one-off projects for up to two years."

The grants will support the social and economic participation of vulnerable and disadvantaged people in their communities via:

- the development of young people aged 12 to 18 years who are, or are at risk of, being disengaged, marginalised and having limited engagement with education/training
- people with disabilities and/or mental health issues
- vulnerable women who experience, or are at risk of, isolation or discrimination
- people who are unemployed
- to address individual barriers to social and economic participation and employment

Visit www.grants.gov.au for more information.



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WYNNUM FRINGE TO DELIVER ITS BIGGEST CELEBRATION YET

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STORY **KELLY WALKER**

Get ready as Wynnum's bayside transforms into a unique stage showcasing headlining acts and homegrown heroes at the ever popular Wynnum Fringe. Celebrating the best in contemporary, independent and alternative arts and entertainment, the festival runs from November 16 - December 4.

Born in 2020 out of an artistic and economic response to Covid, Tom Oliver, Founder and Director of Wynnum Fringe, explained that the festival has grown from a 3-day event to 19 days of both free and ticketed shows.

"I am hugely proud of how we've grown to feature world-class musicians, awe inspiring acrobatics, off-kilter comedy, family favourite entertainment and everything in between," he said. "We look forward to welcoming more than 35,000 people this year!"

This year's festival kicks off with a Quandamooka delegation leading visitors in Yana Marumba - or Walk Good. This free, accessible event is a chance for everyone to come together and celebrate local knowledge, language and connection to Country, while appreciating the beautiful Moreton Bay coastline.

Tom explained that the hub of the festival will be the Wynnum Fringe Garden.

"It's free to enter and will be a place to gather and celebrate," he said. "It has a ferris wheel,

food trucks, an outdoor bar with rooftop seating, the Raine & Horne Wynnum Spiegel tent, The Vault circus tent, and Miles: The Caravan Stage."

Some of the most anticipated family-friendly events are Dolly Diamond: Story Time, Head First Acrobats' Prehysterical, and all-ages Velvet Rewired. Led by iconic Marcia Hines, Velvet Rewired combines a high-energy, glittery fusion of dance, hula-hoops and jaw-dropping acrobatics.

"I am so excited to finally be making it to Brisbane," said Marcia. "How lucky are we to have the first dates of our new tour at the exciting Wynnum Fringe. I look forward to setting the Spiegel tent alight with our discotheque extravaganza!"

If you'd rather leave the kids at home, after dark is a great time to enjoy cabaret, live music and adult-oriented comedy and entertainment.

"Some of the most popular shows for adults will be Garry Starr: Greece Lighting, Diesel: One Night Only, and Bullhorn," Tom said. "It's very exciting!"

Wynnum Fringe welcomes visitors from Brisbane and beyond. "This is the time when the bayside comes alive," Tom said. "With food, drinks, entertainment and suburban hospitality, there really is no excuse to miss this three week extravaganza!"

For more information, visit www.wynnumfringe.com.

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JINGLE ALL THE BAY ON A SATURDAY

STORY **ALYSSA MACKAY** PHOTO **PAUL NEIL**
PHOTOGRAPHY

Sandgate's town centre will again be transformed into a Christmas wonderland for one of the community's most anticipated annual festivals.

Jingle All the Bay is presented by the Sandgate Bayside Chamber of Commerce in partnership with local businesses and this year the event will be held on Saturday instead of Friday.

Sandgate Bayside Chamber of Commerce president Bill Gollan said the change of day meant there would be more rides, more food and more entertainment.

"After the last few years of success and growth of Jingle All the Bay, we've decided this year to put it on Saturday, so the people of the area and outside the area will get a bigger, better and longer experience," Bill said. "Instead of starting Friday afternoon, we are going to start earlier on Saturday and go into the evening."

The festivities will kick off at the much earlier time of 3pm so the community can spend more hours enjoying the event they've come to know and love, including the Christmas Street Parade, live shows, market stalls, activities, and of course, Santa.

"We are asking the community to get behind Jingle All the Bay and support local

businesses and buy your Christmas presents locally," Bill said. "There will be an art show on Friday night this year, where you will be able to buy art from local artists.

"The few weeks before the local businesses will be lining up their shop windows for the annual Christmas window display awards."

The event will cater to all ages, with the afternoon a great time for families to enjoy the rides and activities and the later hours seeing local businesses come alive with music.

"The Sandgate Bayside Chamber of Commerce does a few events every year and this is personally my favourite," Bill said. "I'm probably a bit of an old Christmas softie and I really enjoy seeing the families coming down there on the day and the smiles on the kid's faces as they see Santa.

"Our community, now more than ever, seems to really appreciate this event, particularly after the couple of years of toughness of COVID."

For more information follow Jingle All the Bay on Facebook or go to sandgatebayside.com.au/jingle-all-the-bay/

Jingle All the Bay 2022
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Sandgate Town Centre

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LOCAL MARTIAL ARTS FACILITY HOSTS BLACKBELT CHAMP



STORY **ALYSSA MACKAY**

A top Brazilian jiu-jitsu (BJJ) black belt will share his expert insights and demonstrate his winning technique at a special seminar.

Ako Martial Arts, owned by BJJ black belts Robbie Paraha and Linzi Jack, will host Levi Jones-Leary at their brand new Sandgate facility this month.

Head coach Robbie said the seminar would cater to people who have already been training in the self-defence martial art and are looking to improve their technique.

"The seminar will be a highly interactive session with both technique and live sparring," Robbie said.

"We approached Levi to come to Ako because not only is he a homegrown Australian or one of the world's best, but he was a teenager who was introduced to a martial arts program for kids who were excluded from school. He used martial arts as an outlet and soon found his feet after much dedication. We love giving others the opportunity to see how anyone can do it as well and look to create various programs for the community."

Sydney-born Levi has been recognised as one of the top competitors of his generation, beating veteran lightweight Lucas Lepri in the 2019 European lightweight final.

"Following the seminar we will be having our first adult's team grading under the Ako brand and in the new facility, so we look forward to celebrating with our members and their families," Robbie said.

Ako Martial Arts was originally located in the old ANZ building as Infinity Martial Arts Sandgate, which was damaged in the February 2022 storms. They found their new facility on Rainbow Street after being introduced to the owner of the building, Rob, who allowed them to move in and continue operating while the new fit-out took place.

"Together with Rob and our amazing community we have worked hard to fit-out the building and ensure we continue to offer a safe and welcoming environment for both juniors and adults," Robbie said.

"Our new facility has doubled in size from our class area to our weights room. We are also excited to be building brand new amenities as well as our upstairs member's area we look to have built by early next year, so there is much more to come."

Tickets are \$101.31. To book search for Levi Jones Leary on Eventbrite.

Ako presents Levi Jones Leary
Saturday, 12 November, 2-4pm
Ako Martial Arts
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TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
1 0238 1.49 0817 0.67 TU 1518 2.22 ☉ 2229 0.64		7 0234 0.27 0841 2.30 MO 1500 0.49 2045 2.09		13 0533 0.53 1219 2.22 SU 1859 0.79		19 0554 1.76 1142 0.78 SA 1748 2.07		25 0352 0.23 1025 2.58 FR 1706 0.48 2228 1.86	
2 0408 1.56 0945 0.69 WE 1631 2.23 2334 0.55		8 0307 0.27 0919 2.37 TU 1543 0.51 ☉ 2121 2.00		14 0017 1.51 0610 0.64 MO 1301 2.13 1947 0.84		20 0033 0.52 0643 1.95 SU 1243 0.70 1837 2.10		26 0432 0.26 1113 2.59 SA 1800 0.51 2320 1.76	
3 0523 1.71 1108 0.65 TH 1738 2.25		9 0336 0.28 0956 2.40 WE 1624 0.55 2156 1.89		15 0108 1.45 0656 0.75 TU 1351 2.05 2048 0.86		21 0115 0.41 0728 2.13 MO 1338 0.62 1923 2.10		27 0515 0.33 1202 2.56 SU 1858 0.54	
4 0030 0.44 0624 1.89 FR 1219 0.57 1834 2.27		10 0404 0.31 1031 2.40 TH 1702 0.60 2230 1.79		16 0216 1.42 0757 0.84 WE 1450 2.00 ☉ 2156 0.83		22 0156 0.33 0812 2.29 TU 1431 0.55 2008 2.07		28 0016 1.68 0604 0.43 MO 1256 2.48 1959 0.57	
5 0117 0.35 0715 2.06 SA 1319 0.52 1923 2.24		11 0432 0.36 1107 2.36 FR 1740 0.67 2303 1.69		17 0342 1.46 0915 0.88 TH 1555 2.00 2256 0.74		23 0235 0.26 0855 2.42 WE 1523 0.50 2053 2.01		29 0119 1.63 0700 0.54 TU 1353 2.40 2059 0.58	
6 0159 0.30 0800 2.20 SU 1412 0.49 2006 2.18		12 0501 0.44 1142 2.30 SA 1817 0.73 2338 1.59		18 0457 1.59 1033 0.85 FR 1655 2.03 2347 0.64		24 0314 0.23 0940 2.53 TH 1615 0.48 ☉ 2140 1.94		30 0230 1.63 0810 0.64 WE 1454 2.31 2158 0.56	



LOCAL FISHING SPOT - BULLOCKY'S REST

North Pine Dam/Lake Samsonvale

STORY **PETER HANSLER**

This time of year it is a beautiful spot for fishing, walking the trails, free BBQs, photography, checking out the turtles, lungfish, lizards, a bit of bird watching and all less than 30 min from Sandgate/Redcliffe. In the evenings it is not uncommon to see quite a few people here taking photographs of the sunset across the water to the mountains.

Undoubtedly one of the best freshwater fisheries in South East Queensland I have caught many fish here both from the bank and in a boat. Australian Bass, Yellowbelly, Redclaw Crayfish, Mary River Cod, Tilapia, Catfish, Lungfish, Garfish and more species are available here as well as Rainbowfish for your pond or aquarium.

My favourite fishing method here is garden worms or live shrimp suspended a few feet under a float. This is a great way to fish especially with kids as it is very visual. Lures also work well for me especially just before sunrise and just after sunset.

Adults please make sure you have a SIPS permit when fishing as this is required by law and pays for the stocking program easily obtainable from the Queensland Fisheries website and most fishing tackle shops. It's really not that expensive either considering all the areas you can fish with it in Queensland and the fish you can catch.

SEQ Water now allows paddle craft only access on the dam from Forgan's Cove. There are a number of permits also allowed for electric powered boats and kayaks on a private area upstream with some still available, contact PRFMA for more information. (Pine Rivers Fish Management Association)

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